

GRANDVIEW PUBLIC SCHOOL NEWSLETTER #5

January 31, 2012



KINDERGARTEN REGISTRATION

THANK-YOU TO A WONDERFUL SCHOOL COUNCIL

On behalf of the students and staff at Grandview, I would like to extend a special thank-you to our incredible School Council. I have been at this school for close to five years and am always very impressed with the professionalism and attention to detail of the persons who represent you. The decisions made by the council have always been in the best interest of all the children in our school. I would like to extend a special thank-you to Sharon Boyle, your School Council Chair. As Chair of the Council, Sharon can be seen in our school two to three days a week, volunteering her time to make this school a better place. This dedication is rare and we at Grandview are extremely grateful.

Peggy Brain

DROPPING OFF STUDENTS

Just a little reminder, if you are dropping off students in the morning please make sure that they wait at the office until the buses begin unloading. Students should not be in their classrooms before the arrival of buses. Students arriving late should be signed-in at the office. We also would like to remind all visitors to the school, including parents picking up their children to report to the office so that we know who is in the school at all times.

Kindergarten registration took place at Grandview the week of January 23rd – 27th, 2012. To be eligible to attend Junior Kindergarten, students must be 4 years of age by December 31st, 2012. Students who are not currently in our JK program but who will be attending school as Senior Kindergarten students in September should register as well. Please contact the school at 705-277-2322 to set up an appointment.

You will be asked to bring with you to the registration:

- Proof of Age
- Ontario Health Card Number
- Child's Immunization Record
- Name of Family Doctor & Telephone Number
- Residence Road Name and 911 Address
- Lot and Concession Number
- Tax Roll Number

LIBRARY

Thought for today: Books Fall Open
You Fall In



A reminder to Parents:

Our Parent's Library is located in a bookcase just outside of the library. We have books about everything from "A Guide to a Baby's First Year" to Barbara Coloroso's "The Bully, the Bullied, and the Bystander". These books are for you to check out. Please fill in the information that is requested in the booklet on top of the bookcase. We hope you find them helpful.



DRESS FOR THE WEATHER

Cold, snowy outside time can be fun if the children are dressed properly for it. Daily wear should include a hat (30% of body heat is lost through an uncovered head), scarf, mittens or gloves, snow pants and appropriate footwear for walking in snowy fields. Extra dry mittens can always come in handy on these days. Generally the children go out for recess if the temperature is above -25.



SNOW DAY CANCELLATIONS

The following radio stations will be notified for Snow Days as well as Breakfast Television:

- ❑ **BOB FM - 91.9 FM**
- ❑ **CBC - 98.7 FM**
- ❑ **Country 105 - 105.1 FM**
- ❑ **EZ Rock - 105.9 FM**
- ❑ **The Wolf - 101.5 FM**

Every attempt will be made to have the decision made by 6:15 a.m.

In the event of school bus service cancellation, notification is posted and parents can access the Boards website for the information:

www.tlidsb.on.ca. Parents may also look on the website www.mybustoschool.ca to see if your child's bus is late or cancelled.

1. If the buses are cancelled in the morning due to inclement weather, they will not do their run in the afternoon. If you bring a child to school on a day when buses are cancelled, you must make arrangements to have the child picked up at the end of the day. We ask that you be at the school on these days by 3:15 p.m.

2. If buses are cancelled, the Hot Lunch program will be cancelled on that day as well. Arrangements will be made to serve the hot lunch on another day.
4. Finally, it is very helpful if parents know and learn the number of the bus on which their children travel. Communication is easier if you can identify this number quickly.



SKATING

Skating at Manvers arena has been arranged during February. Each grade team has developed lesson plans and addressed how best to serve the beginner, intermediate and expert skater at the rink. The schedule is as follows:

- ❑ Grade 1's (2:15 – 3:15 pm)
Monday, January 30, February 6, 13 & 27
- ❑ Grade 3's (2:15 – 3:15 pm)
Tuesday, January 31, February 7, 14 & 21
- ❑ JK/SK's (2:15 – 3:15 pm)
Wednesday, February 1, 8, 15 & 22
- ❑ Grade 2's (2:15 – 3:15 pm)
Thursday, February 9, 16, 23 & March 1
- ❑ Grade 4's (2:15 – 3:15 pm)
Friday, February 3, 10, 17 & 24

Parents with students in kindergarten are invited to join the alternate day classes at the arena during their skating time if you wish your child to participate for four weeks.

Please remember that in order to volunteer with skating; you must have a completed criminal reference check on file at the school.

ALL STAR READERS NEEDED

Presently we have 13 members of our community coaching our students to become independent readers. They visit Grandview usually once a week and meet with a small group of students one at a time. We would love to have more All Star Coaches read with our students, especially since a couple of our coaches have been unable to continue reading due to other commitments. We have some students who would benefit from extra one on one reading and we would love to have a coach for them. If you have a few hours a month to give, please consider joining our All Star Reading team. Please call the school at 705-277-2322 if you are interested or if you have a friend, neighbour or family member that would be interested.

CHARACTER TRAITS

Our character trait for the month of February is "honesty". As with all our designated character traits, teachers will be helping students learn about honesty in their daily lives. We would encourage you to take a few moments to discuss with your child what honesty means at home.

Honesty - *To admit wrongdoing, telling the truth. A person who is honest can be more at ease and comfortable with oneself. Honesty can build trust between friends and build good reputations.*

Grandview is proud to recognize the following students who made a definite difference in the day to day life at Grandview by consistently demonstrating "TRUSTWORTHINESS", our January Character Trait.

- Owen A., Riley A., Cheyenne A., Scott B., Cooper B., Emmett C., Isabella D., Brooke F., Joseph H., Blake I., Brianna J., Charlotte K., Paige M., Ethan M., Cailleah M., Joey M., Caylee P., Aiden P., Ian P.,

Taylor P., Kaitlyn R., Faith R., Logan S., Alexander S., Evan T., Natalie W.

JR MIXED VOLLEYBALL

The junior mixed volleyball team traveled to Mariposa E.S. on the 19th of January to compete in the inter-school zone tournament. After a tough start, the team dug in and played great team volleyball. Although the results were not what the team was looking for, there was much to be celebrated. Mr. Carruth cannot say enough about the hard work and dedication each athlete demonstrated. The team practiced for 45 minutes every single day for over two months. Not a complaint was heard from a single player, most of whom never missed a single practice.

Congratulations go out to Sarah B., Kole C., Mackenzie F., Carter G., Natasha G., Alex G., Bailey H., Tyson H., Paul H., Katrina M., Carter P., Rosa P., Riley S., and Gavin W. Grandview is proud of each of you. Well done!

SNOWFEST 2011

Unfortunately, due to weather conditions our snowfest scheduled for Thursday, January 26th had to be cancelled. We will do our very best to reschedule this event at a later date.

PROPOSED 2012-2013 SCHOOL YEAR CALENDAR

The Board is required to submit next year's school year calendar to the Ministry of Education very soon. Planning around the calendar has begun, and administrators would like your input by **February 6th**. The Proposed School Year Calendar for 2012-2013 is posted on the TLDSB website www.tldsb.on.ca. Please email your comments to linda.evans@tldsb.on.ca. Thank you.

Parent Engagement



MAKING SENSE OF MONEY

How can we help our kids learn what money is, and how to handle it?

Margaret Johnson owns a credit counselling business and volunteers her time to teach school children about money. "I always ask where it comes from. One little girl said, 'From the machine,' and when I asked what happened when the machine ran out, she replied, 'You just go to another machine.'"

Give an allowance. Johnson says kids as young as six are ready for a little money of their own, despite the fact that some will blow it on candy. That's ok, she says. "Better to learn from their mistakes at this age than when they're older."

Give it in coins. "Kids this age love to look at coins and they can put them into their banks." Coins are also a chance for kids to strengthen their math skills. Show her that five pennies equals a nickel, two nickels equals a dime, and so on.

Encourage goals. Ask, 'If you had a lot of money, what would you do with it?' If there's something he wants to buy, price it out together and figure out how long it will take him to save for it. This gets kids thinking a little more long-term.

Share family values. Talk with kids about how you spend, save or donate the family income, and why: 'Mom and Dad put aside money every week for our vacation. Would you like to save some of your allowance so that you have some extra spending money?'

Get to know the bank. Open a no-fee children's account and encourage your child to make regular deposits, using a passbook.

That way she gets to see her savings grow.

Be careful about credit. "If you give children money when they've burned through their allowance, the lesson is, 'if I run short, I can always get more,'" says Johnson. If you don't allow those tough moments, you're actually encouraging debt.

MENTAL HEALTH MINUTE

Did You Know: 1 in 5 children and youth suffer from a mental health problem?

Children and youth can experience mental health problems that range from mild to serious. For instance, some students may have a little anxiety when they are facing a test, while others may be very anxious about the same test. When a problem lasts for more than a few weeks, and interferes with the student's daily life, then it becomes a concern that requires further help. Depression and anxiety are the most common mental health problems for children and youth.

Visit www.tdsb.ca and click on our [Mental Health Strategies](#) page for links to parent fact sheets on child and youth mental health and mental illness.

FEBRUARY 2012

Trillium
Lakelands
DISTRICT SCHOOL BOARD

Visit tdsb.ca or call toll free 1.888.526.5552





ECO SCHOOL MESSAGE

In North America, we make enough garbage every day to fill 70,000 garbage trucks. Lined up bumper to bumper, over a year, they would stretch halfway to the moon!



WASTE FREE LUNCH TIPS

- Get children to help pack their lunches with healthy foods.
- Only pack as much food as your child will eat.
- Use a reusable lunch bag/box for carrying a lunch.
- Use a refillable bottle for drinks – it's cheaper and children can save drinks for later. Avoid drinks in packaging that cannot be resealed. After a few sips, drinks are often discarded. Use a thermos for cold drinks or hot soups.
- Bring our own spoon and fork to eat it with.
- Put sandwiches, muffins, etc. in 'Tupperware'-style containers, instead of plastic bags. Label all containers so they have a better chance of coming home.
- Avoid pre-packaged, single-serve portions of snacks or drinks.
- Put re-usable napkins in your child's lunch box.
- Prepare extra food at dinnertime and use the leftovers for lunches. Minimize the morning rush by packing lunches the night before and refrigerating overnight.

- After lunch, all the containers, bottles and cutlery goes back in our bags and nothing goes in the garbage at all. Let's always remember the 3 R's: Reduce, Reuse, Recycle!

PEDICULOSIS ALERT

This is the time of year to be extra vigilant with respect to head lice. Parents are asked to check at home on a regular basis and to report any cases of head lice to the school.

Parent volunteers meet at the school once a month to do head checks for the students. If you are interested in volunteering or want more information, contact Ms. Dart in the office.

The continued support and co-operation of our parents will ensure fewer incidents now and in the future. Thank you.

WHEN TO KEEP YOUR CHILD HOME



Here are some guidelines to help you decide when it is necessary to keep your child out of school.

1. If your child is diagnosed with, or you suspect the following:
 - Head lice
 - Worms
 - Unidentified skin rash
 - Contagious disease
2. If your child has a fever, nausea, diarrhea, or is vomiting.

3. If your child is coughing, sneezing, or has a runny nose. A cold is most contagious in the first 48 hours.

WHY WASHING IS IMPORTANT DURING FLU SEASON

Handwashing, when done correctly, is the single most effective way to prevent the spread of infectious diseases.

Follow these four simple steps to keep hands clean:

- ❑ Wet your hands with warm running water.
- ❑ Add soap, and rub your hands together, making a soapy lather. Do this away from the running water for at least 15 seconds, and do not wash the lather away. Wash the front and back of your hands, as well as between your fingers and under your nails.
- ❑ Rinse your hands well under warm running water. Let the water run back into the sink, not down your elbows. Turn off the water with a paper towel and place it in the garbage.
- ❑ Wash your hands as described above at least 5 times a day.

There is more to handwashing than you think. By rubbing your hands vigorously with soapy water, you pull the dirt and the oily soils free from your skin. The soap lather suspends both the dirt and germs trapped inside then gets quickly washed away.

Here are some common mistakes to avoid when handwashing:

- ❑ DON'T use a single damp cloth to wash a group of children's hands.
- ❑ DON'T use a standing basin of water to rinse hands.
- ❑ DON'T use a common hand towel. Always use disposable towels in daycare or food preparation settings.
- ❑ DON'T use sponges or non-disposable cleaning cloths unless you launder them using detergent on a regular basis. Remember that germs thrive on moist surfaces.

Supervision is an essential element in forming good handwashing habits in children.



SCHOOL COUNCIL HIGHLIGHTS

DANCE-A-THON

On Tuesday, February 14th, 2012, we will be hosting a Dance-a-thon for all Grandview Students. Kindergarten students attending on "A" Day will have their Dance-a-thon on Monday, February 13th, 2012. We will have Rolling Hills Leadership students teach Grandview students popular wedding dances for 1 hour. This will take the place of our QDPA (Quality Daily Physical Activity) in keeping with our commitment for a healthy school.

We will be teaching our students the songs and moves to the following: Chicken Dance, Macarena, YMCA, Locomotion, Hokey Pokey and Cha-Cha Slide. What a fun way for our children to learn to dance to these popular wedding songs!

Prior to our Dance-a-thon, students secure pledges (money can be collected from interested donors from now until February 14th). Cheques should be made out to Grandview Public School. **All pledges are to be returned to the school on or before February 14th.**

All proceeds collected from this fundraiser will go towards the purchase of playground equipment, classroom books, library computers, and sporting goods for our students.

Thank you for supporting this fundraiser.

YEARBOOK

We are currently working on the Grade 4 yearbook. We are looking specifically for Royal Winter Fair and Cross Country pictures at this time. Please forward any pictures you may have of these events to the school office or email to grandviewcouncil@yahoo.ca.

We would like to encourage all parents who do have pictures of the Grade 4 students to please send them in to the school office for consideration for the yearbook. We would appreciate any pictures that you have, but please be reminded that a digital picture would produce a better finished product. This would really help the Yearbook Committee when compiling the yearbook to ensure that all students are included.

PRINTER CARTRIDGES

We continue to collect recyclable ink cartridges, batteries, cell phones and digital cameras at Grandview. These items can be sent to the school at any time and as we collect throughout the year, we will package and send to Thinkgreen, a recycling company, who in turn will issue Grandview a cheque. This is an easy fundraiser that does not cost anyone a cent.

EMAIL ADDRESS

We have an email address for Grandview's School Council. Please feel free to contact Sharon with any concerns or questions. We will be happy to help you in any way. Our email address is: grandviewcouncil@yahoo.ca. We look forward to hearing from you.

FUTURE MEETINGS

The following a list of the upcoming council meetings for 2011-2012. These meetings are held in Room 1. All parents are welcome.

- **Wednesday, February 8th, 2012**
- Wednesday, April 11th, 2012
- Wednesday, May 9th, 2012
- Wednesday, June 13th, 2012

FEBRUARY / MARCH HOT LUNCH WINNERS

- **Caylee P.**
- **Aiden P.**
- **Ian P.**
- **Kyri P.**
- **Taylor P.**
- **Justin R.**
- **Connor S.**
- **Mackenzie S.**

Congratulations!!

COMMUNITY ANNOUNCEMENTS



*The Corporation of The City
Of Kawartha Lakes
P.O. Box 9000
LINDSAY, ONTARIO
K9V 5R8*

City of Kawartha Lakes Public Library

February Events Bethany Library

Preschool Storytime
Thursdays at 11 am
February 2, 9, 16, 23
Stories and crafts.

Craft and Storytime
Saturday, February 25 at 11 am

Wise Guy & Gals Homework Club
Thursdays at 6 pm
February 2, 9, 16, 23

“You Want to be a Writer” Workshop
Saturdays at 10 am
Begins February 25
Age 8 years and up.
Advance registration required.

Bethany Library Hours
*Monday, Wednesday & Friday
8:30 am – 4:30 pm
Tuesday & Thursday
8:30 am – 7:30 pm
Saturday
10:00 am – 2:00 pm*

For information or to register please call the Bethany Library at 705 277-2321. Search the Library Catalogue at www.city.kawarthalakes.on.ca/library

Bethany Minor Softball Registration

February 11 & 18, 2012
and
March 3 & 24, 2012
9:00 am to 3:00 pm
Bethany United Church
Ages 4 to 16

For information email
baseball@bethanypark.ca
or call Jenny Gray @ 705-277-2705

Pontypool & District Lion’s Club Eyeglass Campaign

Grandview P.S. has teamed up with the Pontypool & District Lion’s Club to recycle old eyewear. All eyewear donations can be sent to the school. Children’s glasses and sunglasses are especially needed. Help someone see better today and tomorrow.

Thank you from the Lion’s Club.
